

LIPASE

Result: 166 **Optimum Range:** 232-841 **Reference Range:** 77-695
 A depressed LIPASE level indicates weaknesses in the pancreas as well as the body's inability to properly digest fats. This may also indicate deficiencies of digestive enzymes, including lipase. Diet should be adjusted to eliminate saturated fats and chemical preservatives, as well as to optimize the intake of the proper levels of essential fatty acids.

PHOSPHORUS

Result: 3.1 **Optimum Range:** 3.4-5.1 **Reference Range:** 2.5-6
 A depressed PHOSPHORUS level indicates an acidic digestive tract and improper digestion of carbohydrates in the liver. This may indicate weaknesses in the stomach and duodenum (intestines). This may also indicate the requirement for such alkaline nutrients as vitamin B complex and niacinamide, and the need for a non-acid producing diet. Improved digestion can be achieved by the addition of such digestive aids as omeprazole and bismuth.

TOTAL BILIRUBIN

Result: .1 **Optimum Range:** .1-.3 **Reference Range:** .1-.3
 A depressed TOTAL BILIRUBIN level indicates that the body may be fighting off an infection and a weakness of the spleen.

TRIGLYCERIDES

Result: 40 **Optimum Range:** 95-126 **Reference Range:** 28-191
 A depressed TRIGLYCERIDE level indicates the body's inability to properly digest carbohydrates, which may lead to lower than desirable levels of sugar in the blood (hypoglycemia). This may indicate an imbalance of acid levels in the stomach and intestines. This may also indicate deficiencies of essential fatty acids, lecithin, inositol and choline.

UREA NITROGEN

Result: 23 **Optimum Range:** 14-19 **Reference Range:** 6-24
 An elevated BUN level indicates an overload of the liver and kidneys as well as weaknesses in the pituitary, thyroid and liver, which oversee protein metabolism. This overload may indicate a deficiency of important minerals such as magnesium, copper, iodine and iron. It may also indicate various kidney diseases.

WBC (White Blood Cells)

Result: 5 **Optimum Range:** 6.9-12.6 **Reference Range:** 4-15.5
 A depressed WHITE BLOOD CELL count indicates an imbalance of weakened immune system. This may indicate weaknesses in the thymus as well as the requirement for vitamin C and vitamin B complex.

Recommended Therapy for LADY RICCIARDI

Based upon the above results, the following BNA Nutritional Therapy is recommended for LADY RICCIARDI:

Powdered

Vitamins	Dosage	Frequency	Nutrients	Dosage	Frequency
Vitamin B (Acid)	55 mg	BID	Lecithin, Inositol, Choline	822 mg	BID
Vitamin C Complex	830 mg	BID			
Vitamin E	400 IU	BID			
Minerals	Dosage	Frequency	Medicinals	Dosage	Frequency
Copper	990 mcg	BID	SOD	468 mg	BID
Iodine	573 mcg	BID			
Iron	20 mg	BID			
Magnesium	13 mg	BID			
Trace/Essential Minerals	21 mg	BID			
Enzymes	Dosage	Frequency	Glands	Dosage	Frequency
Pancreatin	18150 USP	BID	Heart	193 mg	BID
			Kidney	185 mg	BID
			Liver	525 mg	BID
			Ovary/Uterus	173 mg	BID
			Pancreas	262 mg	BID
			Pituitary (Anterior)	40 mg	BID
			Thyroid	121 mg	BID